



The services of Body Positive are available to all people living with HIV in New Zealand.

We provide a wide range of support and services - covering social, wellbeing, physical health, Mental health and education. Most services are provided free of charge or can be funded through WINZ if required.

## Do you want to be involved?

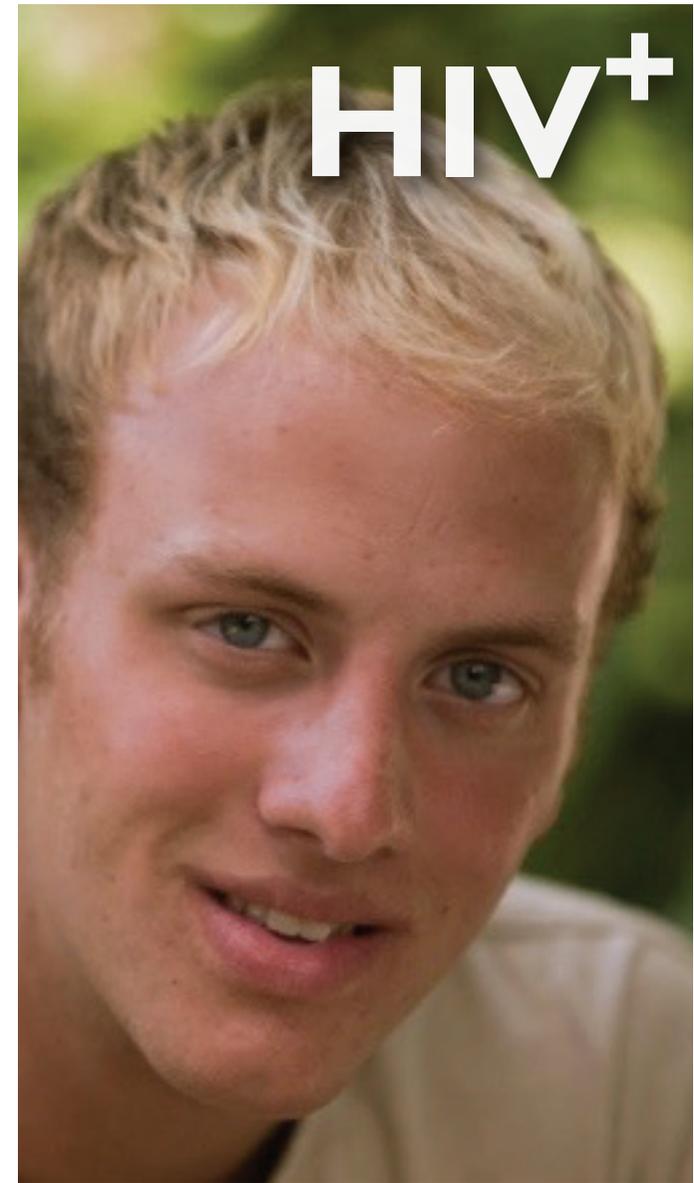
If you are interested in any of our services or would just like to have a chat, please call us on **0800 HIV LINE** or drop into Body Positive House in Auckland



**+BODY POSITIVE**  
NEW ZEALAND  
Tinana Ora Aotearoa

Auckland Head Office: 1/3 Poynton Terrace, Newton, Auckland  
Tel: 09 309 3989 | Email: [office@bodypositive.org.nz](mailto:office@bodypositive.org.nz)

Freephone: 0800 HIV LINE | [www.bodypositive.org.nz](http://www.bodypositive.org.nz)



Need a friendly face to talk to?



## What is Body Positive?

- ◆ A group founded and run by people with HIV and AIDS, and working for people with HIV and AIDS
- ◆ A group open exclusively to all people living with HIV and AIDS in New Zealand

## What does Body Positive do?

- ◆ Breaks down the isolation HIV+ people often experience
- ◆ Builds a sense of community for HIV+ people
- ◆ Advocates an HIV+ perspective in public forums and debates.
- ◆ Provides information and networks for people living with HIV

## Peer Navigator Support Network

- ◆ Support network for people who are newly diagnosed, providing help and assistance where needed and a local contact of someone who has 'been there'

## Newsletters & Educational Forums

- ◆ Body Positive provides people living with HIV in New Zealand information and updates on matters relating to HIV both nationally and around the world, through our website, regular email newsletters and via Facebook
- ◆ Body Positive periodically runs educational forums and national people living with HIV/ AIDS conferences in New Zealand

## Drop-in Centre & Support Groups

- ◆ Body Positive's office is located in Auckland, and is used as a base to coordinate support and services nationwide
- ◆ The Auckland office is open to anyone living with HIV as a drop-in centre, providing a safe space to socialise with other positive people, free internet access and tea/coffee. Members of our client support team are often available to answer questions and have a chat
- ◆ Monthly social groups are held throughout New Zealand to help positive people connect with others and develop new friendships

