Epidemiology of HIV/AIDS in New Zealand

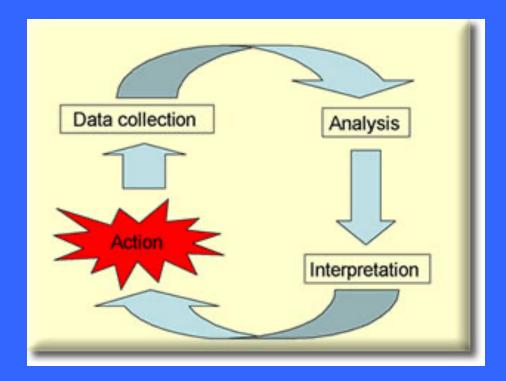




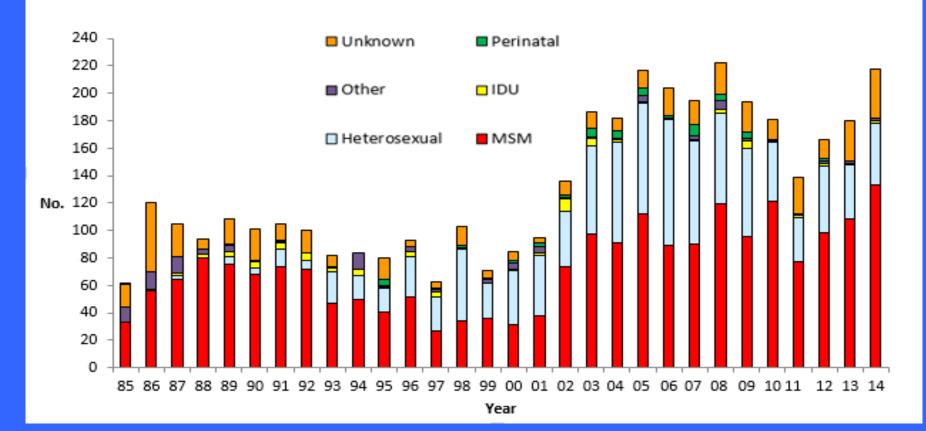
Te Whare Wānanga o Otāgo

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Dr Peter Saxton Gay Men's Sexual Health research group University of Auckland



Annual numbers newly found infected with HIV in New Zealand by mode of transmission - 1985-2014



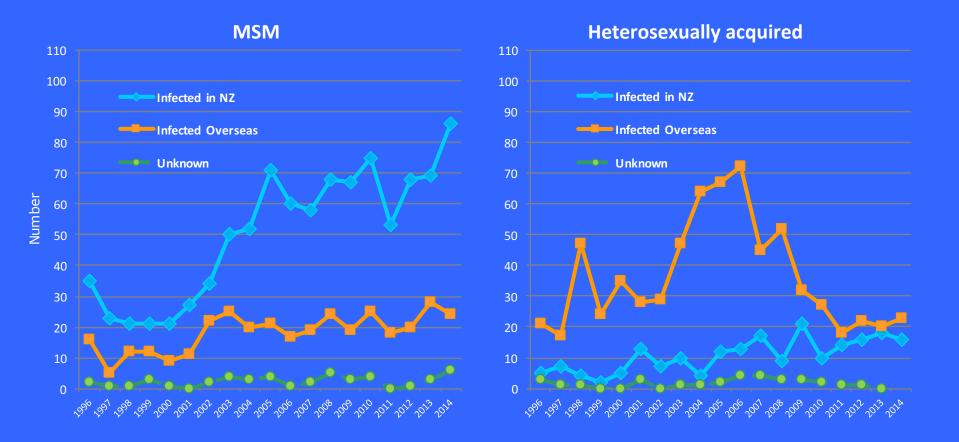
Includes all HIV cases (N=4169) found by Western Blot antibody (N=3452) and viral load testing (N=717) since 2002, and acquired in New Zealand and overseas.

Trends in annual numbers newly reported with HIV in New Zealand, 1985-2013 by mode of transmission



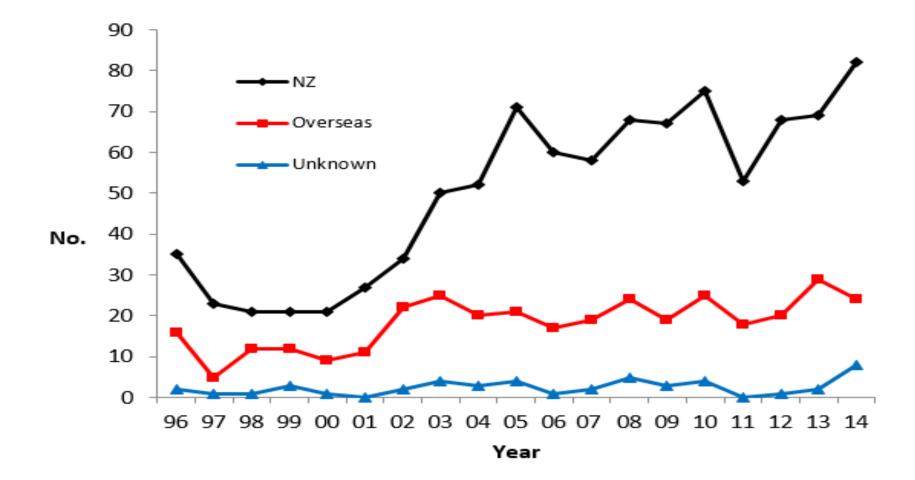
Source: AIDS Epidemiology Group, Department of Preventive and Social Medicine, University of Otago. Note: Includes HIV cases newly <u>reported</u> by Western Blot antibody testing and viral load testing.

Trends in annual numbers <u>newly diagnosed</u> with HIV in New Zealand, 1996-2013 by <u>place of infection</u>



Source: AIDS Epidemiology Group, Department of Preventive and Social Medicine, University of Otago. Note: Includes HIV cases <u>newly diagnosed</u> by Western Blot antibody testing and viral load testing.

Annual numbers of MSM <u>diagnosed</u> with HIV in New Zealand, 1996-2014 by place of infection



Includes HIV cases diagnosed by Western Blot antibody and viral load testing

Age at diagnosis of MSM: 2010-2014

	No.	%
15-19y	11	2.0%
20-29y	140	25.9%
30-39y	146	27.0%
40-49y	148	27.4%
50-59y	63	11.6%
>/=60y	33	6.1%
Unknowns	3	
Total	544	

Ethnicity of MSM: 2010-2014

	No.	%
European	344	63.5%
Maori	50	9.2%
Pacific	19	3.5%
African	0	0.0%
Asian	83	15.3%
Other	46	8.5%
Unknown	2	
Total	544	

CD4 indicates stage of infection and some indication of duration

1 year after infection average CD4 = 500 cells/mm³ 4 year after infection average CD4 = 350 cells/mm³ 8 year after infection average CD4 = 200 cells/mm³

Initial CD4 count <350 = "Late diagnosis"

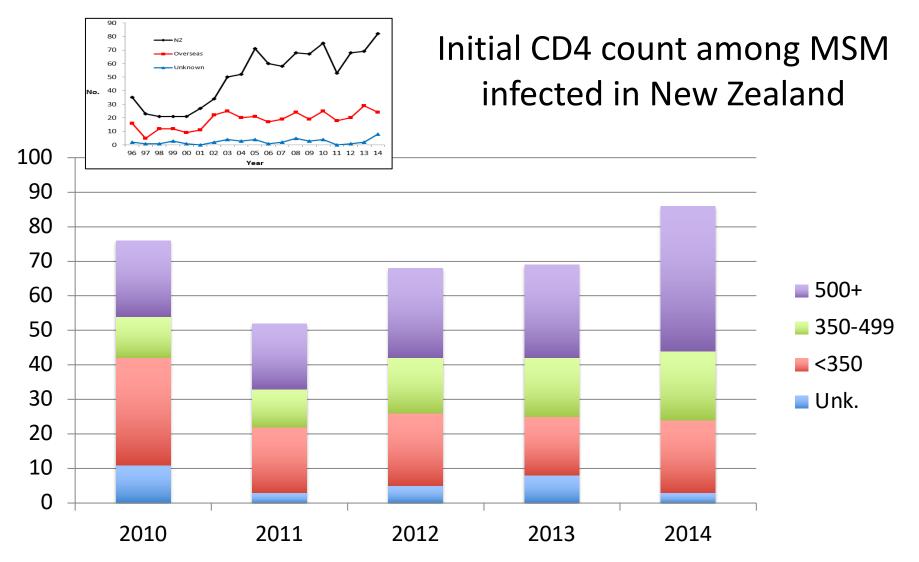
Lodi, Sara, et al. "Time from human immunodeficiency virus seroconversion to reaching CD4+ cell count thresholds< 200,< 350, and< 500 cells/mm3: assessment of need following changes in treatment guidelines." *Clinical infectious diseases* 2011 53(8): 817-825.

Initial CD4 count among MSM by place of infection: 2010-2014

	Overall			Infected Overseas		ted in Lealand
	No.	%	No.	%	No.	%
<350	171	42%	49	52%	122	39%
350-499	76	19%	11	12%	65	21%
500 or more	159	39%	35	37%	124	40%
Unknown	116		82		34	

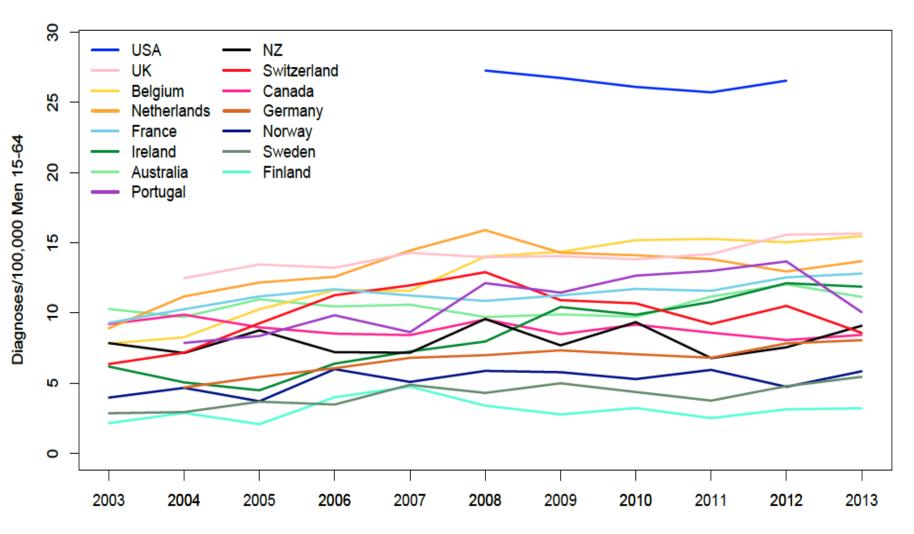
Initial CD4 among MSM infected in New Zealand annually 2010-2014

	20	010	20	011	20	12	20	13	20	14
	No.	%	No.	%	No.	%	No.	%	No.	%
<350	31	48%	19	39%	21	33%	17	28%	21 ((25%)
350-499	12	18%	11	22%	16	25%	17	28%	20	24%
500+	22	34%	19	39%	26	41%	27	44%	(42))51%

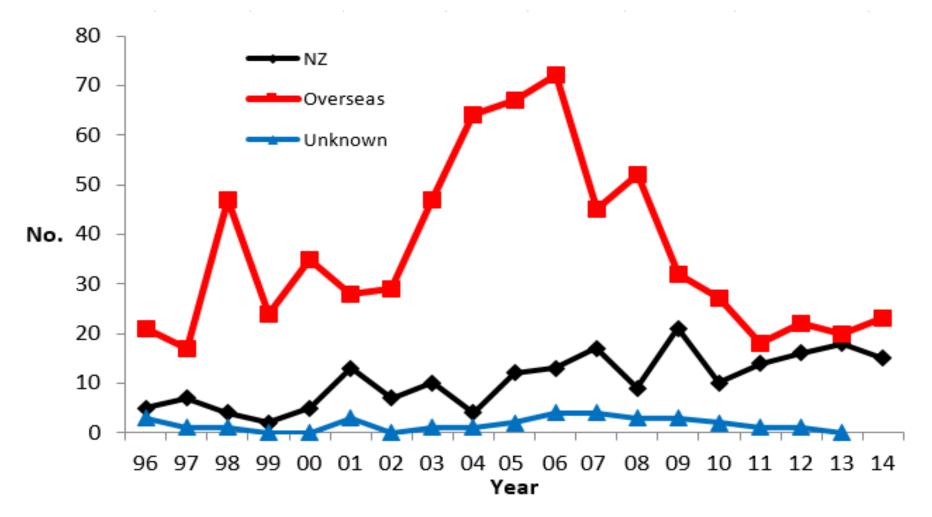


Increase in 2014 could be more new infections or more focused testing. Need to see what happens subsequently before reporting a trend.

International comparison of MSM diagnosis rate per 100,000 men aged 15-64



Annual numbers heterosexually acquired HIV newly diagnosed in New Zealand - 1996-2014



Includes HIV cases diagnosed_by Western Blot antibody and viral load testing

Age at diagnosis heterosexually infected: 2010-2014

	M	en	Won	nen
	No.	%	No.	%
15-19y	1	0.9	3	3.1
20-29y	18	16.2	28	28.9
30-39y	35	31.5	33	34.0
40-49y	27	24.3	21	21.6
50-59y	19	17.1	7	7.2
60y and over	11	10.0	5	5.2
Total	111	100	97	100

Ethnicity of men and women heterosexually infected Overseas and in New Zealand: 2010-2014

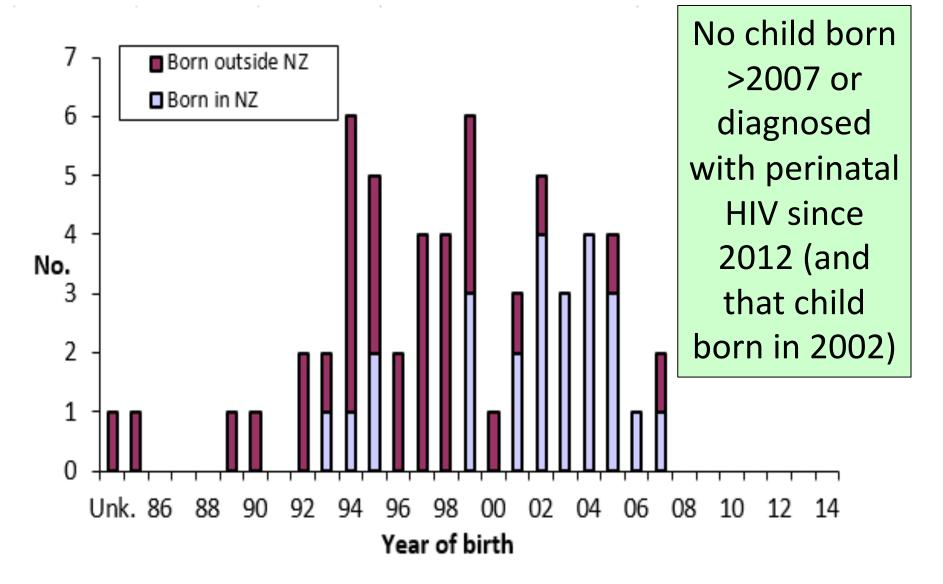
		Μ	en			Wo	omen	
	Overseas		In New Zealand		Over	seas	In New	Zealand
	No.	%	No.	No. %		%	No.	%
European	29	40	21	68	12	21	16	41
Maori	2	3	1	3	0	0	8	21
Pacific*	3	4	3	10	2	4	6	15
African	15	21	3	10	21	37	5	13
Asian	21	29	2	7	17	30	4	10
Other	3	4	1	3	5	9	0	0
Total	73	100	31	100	57	100	39	100

* Included PNG

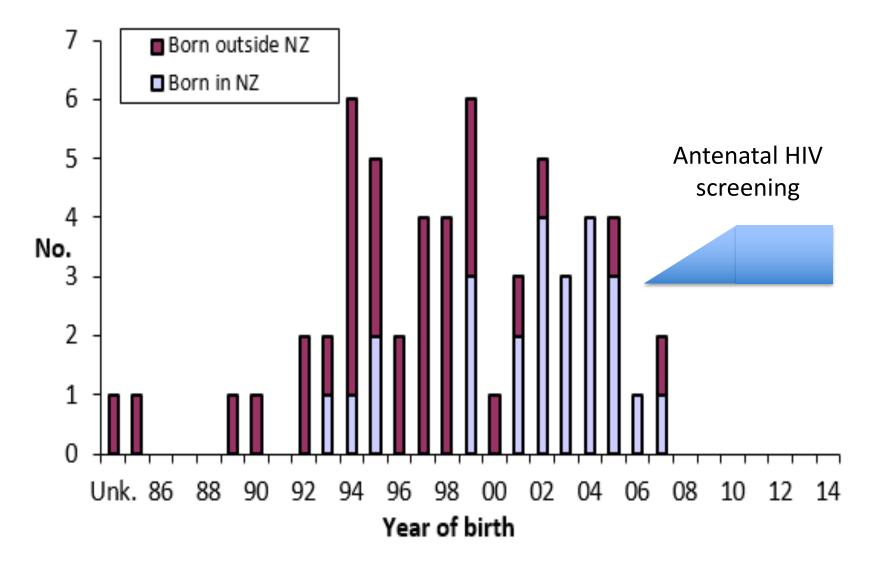
Initial CD4 count of men and women heterosexually by pace of infection: 2010-2014

	Men H	exually in	nfected	Wo		eterosexı fected	ually	
	Overseas In New Zealand			Overs	seas	In New 2	Zealand	
	No.	%	No.	%	No.	%	No.	%
<350	35	70%	9	41%	20	65%	21	58%
350-499	6	12%	6	27%	4	13%	4	11%
500 or more	9	18%	9	41%	7	23%	11	31%
Unknown	23		7		26		3	
Total	73		31		57		39	

Perinatally acquired HIV – Year of Birth



Perinatally acquired HIV – Year of Birth



Pregnant women

Diagnosed through antenatal testing

• 7 in 2010-2014

Rates of AN testing 87% (July-Dec 2014)

- Approximately 1/50,000 pregnant women
 - Very much lower than was the estimated birth prevalence 1/5,000 in 2001-2005
 - based on number of children with perinatally acquired HIV born 2001-2005 and rate of MTCT of 25-30%.

Babies born to women with diagnosed HIV

128 births to women with diagnosed HIV prior to delivery in period 1998-2014

- None of the children infected
 - Some outcome information awaited

People who inject drugs (PWID)

2.2% (n=84) of those with known means of infection reported through IDU

+ 1.3% (n=48) IDU or homosexual contact

<u>2013 - National Needle Exchange Blood-borne Virus</u> <u>Seroprevalence Study</u>

HIV prevalence 0.3% based on testing >600 dried blood spot samples from needle exchange attenders

HIV prevalence studies

Sentinel sexual health clinics 2005/6

	% HIV +
Gay and bisexual	4.41
Heterosexual men	0.12
Heterosexual women	0.14
Current sex worker	0.00

McAllister et al. Int J STD AIDS 2008; 19:752-757.

Gay community venues 2011 (Auckland)

	% HIV +
Gay & Bisexual	6.0



Saxton et al. BMC Public Health 2012. 12:92.

Needle exchange programmes

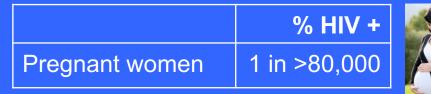
	% HIV +	
PWID	0.3	



First time blood donors 2010-2014

	% HIV +
Blood donors	2 in 80,642

Antenatal screening in 2013



Health Protection Amendment Bill

- Improving information on spread of HIV and STIs
- Partner notification
- Clarity over public health responsibilities

• Passed second reading, due mid 2016?

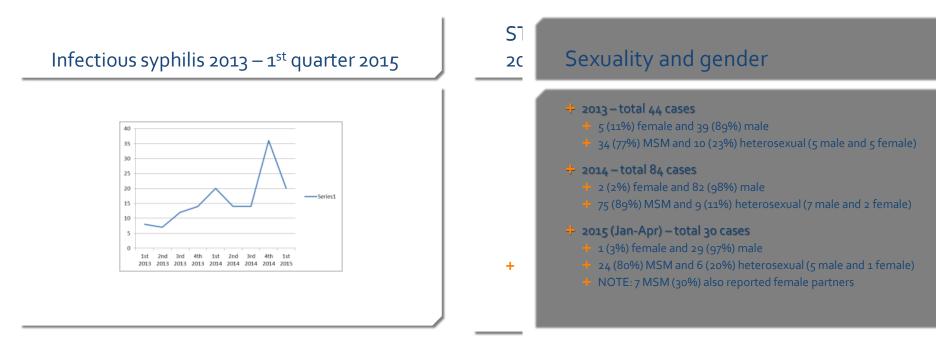
 Notification of HIV with NHI that would improve ability to monitor care post-diagnosis

STI surv



The first condoms of Spring.

- ESR report on 2014 due soc
- Anecdotally rising numbers of STIs in MSM, especially HIV positive MSM



Perkins 2015 HIV Clinical Update

Summary

- Rise in HIV diagnoses in MSM in 2014 a concern
- Ongoing late diagnoses in all groups
- Monitor care post-diagnosis
- Utilise multiple HIV prevention and diagnosis modalities:
 - Condoms, timely & convenient testing, immediate ART, PrEP, STI screening
 - Supported by enabling environments
- Strong partnerships within HIV sector, but govt engagement can be improved

Acknowledgments

- Laboratories
- Infectious disease and SHCs clinicians and support staff, GPs
- NZAF, BP, PW and other NGOs
- Ministry of Health