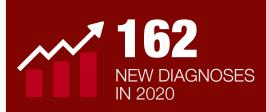
HIV IN NZ 2020





- 38% were previously diagnosed overseas
- 46% of men who have sex with men acquired HIV locally

HOW IS HIV CURRENTLY TRANSMITTED IN NEW ZEALAND **79% GENDER OF TRANSMISSIONS PLACE OF TRANSMISSION LOCAL TRANSMISSIONS** Sex between men Within previous 14 months based on CD4 count





HIGHLY EFFECTIVE HIV PREVENTION

Condoms
PrEP (Pre-Exposure Prophylaxis)
Undetectable Viral Load
Harm Reduction Programs



GET TESTED REGULARLY

More causal partners means more frequent testing.

Get tested at your GP, Sexual Health or by Rapid Testing with a community agency.



EARLY TREATMENT MEANS A LONGER LIFE

Starting treatment as soon as you are diagnosed will help you live a long healthy life and you can't pass on HIV.