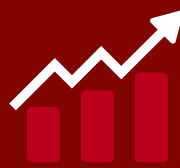


HIV IN NZ 2019



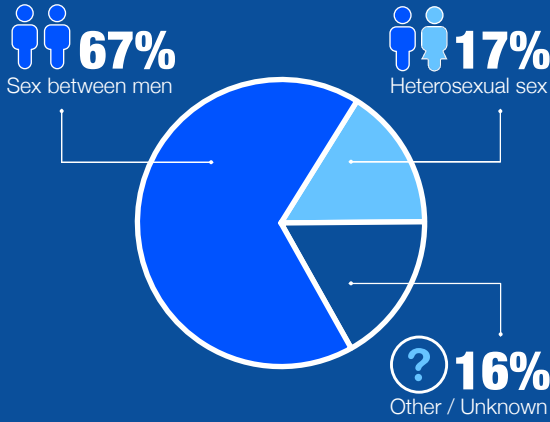
2885
PEOPLE LIVING WITH
HIV IN NEW ZEALAND
ON TREATMENT



212
NEW DIAGNOSES
IN 2019

- 36% were previously diagnosed overseas
- 41% of men who have sex with men acquired HIV locally

HOW IS HIV CURRENTLY TRANSMITTED IN NEW ZEALAND



67% Sex between men
17% Heterosexual sex
16% Other / Unknown

GENDER OF TRANSMISSIONS

88% Male
11% Female
1% Trans

PLACE OF TRANSMISSION

42% LOCAL TRANSMISSIONS
58% Overseas

76% Sex between men
37% RECENT Within previous 14 months based on CD4 count



HIGHLY EFFECTIVE HIV PREVENTION

Condoms
PrEP (Pre-Exposure Prophylaxis)
Undetectable Viral Load
Harm Reduction Programs

GET TESTED REGULARLY

More causal partners means more frequent testing.
Get tested at your GP, Sexual Health or by Rapid Testing with a community agency.

EARLY TREATMENT MEANS A LONGER LIFE

Starting treatment as soon as you are diagnosed will help you live a long healthy life and you can't pass on HIV.