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• NEW ZEALAND •

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The official publication of **Body Positive Inc.** A peer support organisation for people living with HIV/AIDS

November 2010

HIV Review report released – at last!

The long awaited report from Dr David Miller on the state of all services relevant to HIV that are delivered in New Zealand today has been released for public scrutiny. The report will put to rest many of the speculative and rumoured reasons as to why the report has taken so long to be released. “This report along with many others compete for the Ministers (of Health) time to be reviewed and signed off for release” says Warren Lindberg from the Ministry of Health’s Auckland Public Health office. “There’s nothing within the report that is highly speculative” says David Miller, the author of the report.

Dr. David Miller is a New Zealand physician who has completed many projects for UN AIDS as well as the World Health Organisation and is well placed to undertake a review such as this.

Dr. Miller has made a number of recommendations to the Ministry of Health for consideration and potential implementation.

Among his major recommendations are:

- **Review and Update the HIV/AIDS Action Plan.**
- **Develop a national HIV research agenda and a framework for external evaluation of HIV service quality.**
- **Review Primary care fee costs for people living with HIV.**
- **Develop a national standard for HIV rapid testing and counselling.**
- **Explore a national response to “stigma”**
- **Fund small non government organisation (NGO) groups like Body Positive, INA, and Positive Women.**

“This is welcome news to us” says Bruce Kilmister of Body Positive. “We have welcomed the Review with open arms as we along with Positive Women feel this is the first time the Ministry of Health has actually looked at what we are doing and this report vindicates the work we do. The perception that funding has been limited to only the NZAF has been finally dispelled with the Ministry inviting the smaller NGO’s to submit applications for contract funding. Funding is not guaranteed and still very limited following the governments cut back on all budgets due to the recent international recession. Body Positive has been told if our application is successful not to expect funding to any large degree. However Bruce Kilmister says “Anything will be welcome as so many of our regular funders are changing direction and we are having a very difficult time keeping ahead of costs. Some financial security will be very welcome.”

The report reflects that most HIV+ people are extremely satisfied with services they receive from their Infectious Diseases physician as well as services provided by DHB Sexual Health clinics. It is at primary healthcare some of the concerns are raised. Not having money to see a doctor when needed was the most common concern expressed by HIV+ people.

The Ministry organised a briefing for stakeholders and Body Positive was invited along to hear Dr Miller speak to his report. An almost casual remark from Dr Miller

that the creation of a “condom culture” in New Zealand has failed caused NZAF Executive Director Rachael LeMesurier to seriously question Dr. Miller on this point. Some may feel the use of condoms has not failed but they have been “bypassed” by many gay men who no longer fear the consequences of contracting HIV or at the very least have identified a level of risk they are prepared to take in their sexual behaviour. The NZAF have from their beginning promoted a “condom everytime” culture and naturally would want to question this statement. We may see some further statements on this issue.

Testing was referred to from Dr Miller who questioned that rapid tests were only available from Body Positive and the NZAF. DHB’s could easily provide these in today’s environment and costs were questioned on the current system. There needs to be a national standard.

As to the future development of recommendations made by Dr Miller we can only wait and see but approaching the smaller NGO’s to initiate funding discussions is a good start.



Would you like to help reduce Body Positive's printing/postal bill and save a few trees as well??

To receive the Positively Positive Newsletter via e-mail instead of in the post, simply e-mail your name & current e-mail address to: office@bodypositive.org.nz or call us to update your details.

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For more information contact us in complete confidence.

Call toll free from anywhere in New Zealand

Contact:

0800 HIV LINE
(0800 448 5463)
Or 09 309 3989

Website:

www.bodypositive.org.nz

Street Address:

Body Positive House
1/2 Poynton Terrace
Newton
Auckland 1011

Postal Address:

PO Box 68-766
Newton
Auckland 1045

Opening Hours:

10am-5pm, Mon-Fri

E: office@bodypositive.org.nz

Fax: 09 309 3981



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Is there already a cure for AIDS?

Is there already a cure for AIDS? *That is a trick question!* There actually has been one person who has been cured of AIDS. But the treatment he received was so risky (although it worked out for him) that taking AIDS drugs for the rest of a person's life is much safer. Here's what happened. The man who was cured is known as "The Berlin Patient" because this all happened in Berlin, Germany.

The Berlin Patient is an American man of about 40 years old who lived in Berlin, had AIDS and also leukemia (blood cancer). His leukemia doctor needed to give him a bone marrow transplant to treat the leukemia. But he used a special person as a bone marrow donor—someone who was born with the "CCR5 deletion" (remember those initials) which means that the person cannot be infected with AIDS. About 1/1,000 Northern Europeans are born with this. The reason it protects you from AIDS is that you are born missing one of the puzzle pieces that HIV needs to infect your cells. (Technically, you are born missing the CCR5 "co-receptor.")

It's been over three years. The Berlin Patient is alive and well and so far he is completely HIV free—not just with a zero viral load in his blood, but no HIV in his brain, stomach, etc. despite extensive and very sensitive testing—much

more in-depth tests than people with AIDS receive from their doctors. Also, the bone marrow transplant knocked out the cancer, so he's also cancer-free. The Berlin Patient's treatment was very risky and expensive but also it was a major scientific breakthrough. It has led to important new follow-up research. This case of the Berlin Patient was written up in the *New England Journal of Medicine* and the *Wall Street Journal*, and you can find the articles on the internet.

One interesting follow-up experiment to the Berlin Patient case is being conducted by Dr. Paula Cannon at the University of Southern California. She is using mice that have been given human immune systems. She then infects the mice with HIV. She takes out some of their t-cells, treats them with a new technology (called "zinc finger" technology) that removes the CCR5 receptors, puts the treated t-cells back into the mice and—NO MORE AIDS IN THE MICE. The advantage of this treatment is that because the t-cells come from the patient (mouse's) own body originally, the whole thing is probably much safer than the Berlin Patient treatment. The next step is test this therapy in a very small group of people.

Source: www.AIDSPolicyProject.org

End of an era for NZAF

Australia. Each of these successes is a vast improvement on the situation when she took on the role.

Rachael says: "This has been, quite simply, the most rewarding job of my lifetime. One where I have never ceased to learn from, or be humbled by, the passion of my colleagues and our communities. Whilst it does feel the right time to leave, I will miss the kaupapa of all that we do and everyone involved in the NZAF."

The NZAF Trust Board is committed to the continuation of business-as-usual and will be considering what transitional arrangements may be required in the period after Rachael finishes and before a new Executive Director begins.

Alastair Cameron, NZAF Trust Board Chair says: "As Executive Director of the NZAF, Rachael has faced considerable challenges in bringing about necessary changes with professionalism and understanding, while ensuring opportunities for growth were explored and innovative ideas from staff were supported. Without doubt Rachael has always had the best interests of the NZAF and its mission at the centre of all that she has done.

"The Trust Board wishes Rachael well in her future career path, and knows the NZAF will continue to have a long and rewarding relationship with her."

Rachael's last day of work with the NZAF will be Friday, 3 December 2010.



Rachael Le Mesurier

The New Zealand AIDS Foundation Trust Board has announced that Rachael Le Mesurier has tendered her resignation as the Executive Director of the New Zealand AIDS Foundation (NZAF).

Since she started in November 2003, the NZAF has made significant progress toward the goals of the NZAF Strategic Plan 2005-2010.

Rachael's departure comes at a time when the NZAF has a highly skilled, productive and motivated team; strong networks in the HIV sector and the highest volunteer levels since the 1990s. Rachael's leadership has also contributed directly to the strong financial position, record levels of people accessing the testing services of the NZAF and a range of government subsidised antiretroviral treatments that are on a par with

Worldwide drug sales to hit US\$880 billion in 2011

The value of the global pharmaceutical market is expected to increase by 5%-7% to US\$880 billion next year, according to IMS Health, compared with 4%-5% growth in 2010.

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Much of the rise will come from the 17 'pharmerging' markets, where sales are forecast to rise 15%-17% to US\$170-180 billion, boosted by greater government spending on healthcare. China is predicted to grow 25%-27% to more than US\$50 billion next year, and is now the world's third-largest pharmaceutical market.

Among major developed countries, IMS says Japan should grow 5%-7% in 2011, "a year when biennial price cuts will have little impact". The five major European markets (Germany, France, Italy, Spain, and the UK) collectively will grow at 1%-3%, as will Canada, while the USA will remain the single largest pharmaceutical market, with sales of US\$320-\$330 billion, up 3%-5%.

US\$30 billion of drugs going off-patent

The IMS Market Prognosis report notes that in 2011, products with sales of more than US\$30 billion are expected to face the prospect of generic competition. In the USA alone, Pfizer's Lipitor (atorvastatin), Sanofi-Aventis/Bristol-Myers Squibb's Plavix (clopidogrel), Eli Lilly's Zyprexa (olanzapine) and Johnson & Johnson's Levaquin (levofloxacin), which together accounted for more than 93 million prescriptions in the past 12 months and generated over US\$17 billion in total sales, will lose market exclusivity. However, the full impact of patients shifting to lower-cost generics, as well as other brands in their therapy classes, mostly will be felt in 2012.

Indeed, in 2011, the introduction and uptake of new drugs - a third of which are specialty pharmaceutical products - will "significantly alter treatment paradigms in several key therapy areas", the report says. These include innovative treatment options for stroke prevention, melanoma, multiple sclerosis, breast cancer and hepatitis C and "five potential blockbusters" are expected to be launched globally by the end of next year.

Governments will continue to target drug spending in 2011, IMS says, and prominent



examples include substantial reductions in the price of generics relative to their branded counterparts in Spain and in Canada. There will be new price negotiation requirements for drugs launched in Germany and across-the-board price cuts for branded products in Turkey and Greece.

IMS senior vice president Murray Aitken said that next year, "we will see the loss of exclusivity for some iconic brands and a promising new wave of innovation". He added that 2011 "also will be a critical year for gauging how healthcare reform initiatives in key markets evolve and play out amid the expected macroeconomic recovery".

Source: www.eatg.org

New HIV Eradication Study in Progress



Cytheris has announced the launch and recruitment of a new Phase II study of the company's interleukin-7 (IL-7) drug—combined with the entry inhibitor Selzentry (maraviroc) and the integrase inhibitor Isentress (raltegravir)—with the goal of eradicating HIV.

Current antiretroviral (ARV) therapy is quite potent. When it works well, it completely shuts down HIV reproduction. Unfortunately, a small reservoir of infected cells remains in the body,

and when people stop taking their HIV medication, the virus quickly resumes replication.

Traditional ARVs can't target HIV genetic material (HIV DNA) inside this reservoir of infected cells. This is because the cells are inactive; most ARVs only work in cells that are actively reproducing. Researchers are now exploring drugs that either wake up these resting cells or help purge their HIV DNA and, ultimately, make the virus vulnerable to HIV drugs. These strategies are one of several being explored with the goal of eradicating HIV from the human body.

One hopeful new therapy is IL-7. This naturally occurring cellular messenger (cytokine) helps different types of T-cells develop, mature and reproduce. IL-7 can also cause resting CD4 cells to "wake up." It is this latter quality that researchers are exploring in the study now under way.

The study (ERAMUNE 01)—which is being conducted by a nonprofit French institute called the Objectif Recherche VAccin Sida (ORVACS) and headed by Christine Katlama, MD, from the Hospital Pitie-Salpetriere in Paris—is enrolling people with HIV who are on a fully suppressive ARV regimen and who are judged to have a very

small reservoir of infected cells based on a measurement of HIV DNA in the blood. The study will enrol 28 people living with HIV in Paris, Milian, Barcelona and London.

Katlama and her colleagues will add Isentress and Selzentry to everyone's regimen, an approach known as treatment intensification, to help maximize control of HIV replication. Eight weeks after people add Isentress and Selzentry, the research team will give them two cycles of IL-7 injections. The primary aim is to simply decrease the size of the HIV reservoir. Secondary goals include establishing the safety of this approach and, potentially, eradicating HIV.

"The unique hypothesis tested in this study is that with [IL-7 inducing CD4 cell activation and Isentress and Selzentry containing infection of CD4s] eventually [this will contribute] to viral reservoir reduction and potential eradication," said Thérèse Croughs, MD, the chief medical officer of Cytheris.

A similar 28-patient study, ERAMUNE 02, is being conducted in the United States—in Chicago, San Francisco and New York—and is exploring Isentress or Selzentry treatment intensification in combination with an HIV-recombinant Ad5-based vaccine to boost the immune system's response to HIV DNA.

Source: www.aidsmeds.com

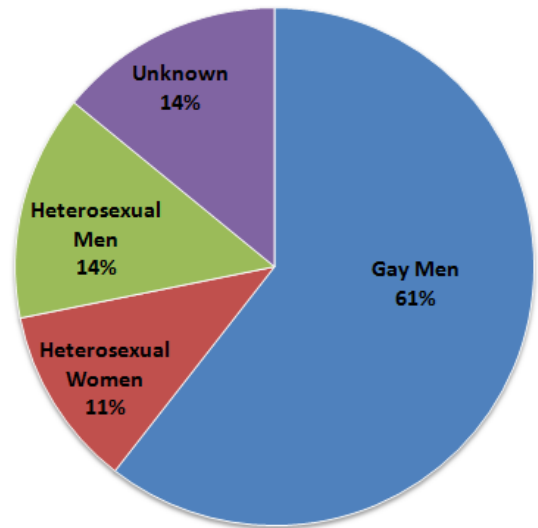
Latest HIV/AIDS figures in New Zealand

Seventy-one people (62 males and 9 females) were diagnosed with HIV through antibody testing in New Zealand in the first half of 2010.

43 were men infected through sex with other men, 18 (10 men and 8 women) were people reported to have been infected through heterosexual contact, and for the remaining 10 people the means of infection was unknown or unreported.

Of the 43 men infected through sex with other men, 32 (74.4%) were infected in New Zealand, 9 (20.9%) were infected overseas, and for 2 (4.6%) men the place of infection was unknown.

Of the 18 people reported to have been infected heterosexually, 5 (27.8) people were infected in New Zealand, 12 (66.7%) were infected overseas, and for 1 (5.5%) the place of infection was unknown.



HIV Infection

Self test for 'HIV Associated Mild Neurocognitive Disorder'

Abbott Laboratories (NZ) Ltd have sent 100 "self test forms" to Body Positive to pass on to Members who would like to take this test privately in their own homes.

Just telephone BP toll free (0800 HIVLINE) and we will send you a form. If the results you get alarm you then contact us and we can offer some assistance and referral to medical support.

Body Positive Psychiatrist takes a break



Sam Ritz

Sam Ritz the psychiatrist who volunteered his time to Body Positive to run a monthly clinic is taking a year out with his partner to take up professional opportunities in Melbourne. "We'll be back" says Sam when advising Body Positive about this temporary transfer. "We'll miss you" said Bruce Kilmister of Body Positive and all those who have personally benefitted from your personal support. Sam has undertaken almost one and a half years of service at Body Positive and will be missed until he returns. His understanding of HIV comes from his background of growing up in South Africa where there is still difficulty accessing medication for those living with HIV. Some of Sam's family have been affected by HIV and this has given Sam a close understanding of the impact that HIV can have on individuals and families.



Club **Phoenix**
Getting on with life

Every Wednesday 7-10pm

Body Positive House

1/2 Poynton Terrace, Newton, Auckland.

Friendly support

Club Phoenix is an initiative at Body Positive providing a weekly drop in facility. This gives positive people greater avenues to develop and maintain strong support systems through social networking.

Club Phoenix aims to provide a weekly forum for current members and indeed all people living with HIV/AIDS to get together regardless of gender or sexual orientation.

Come and Join Us

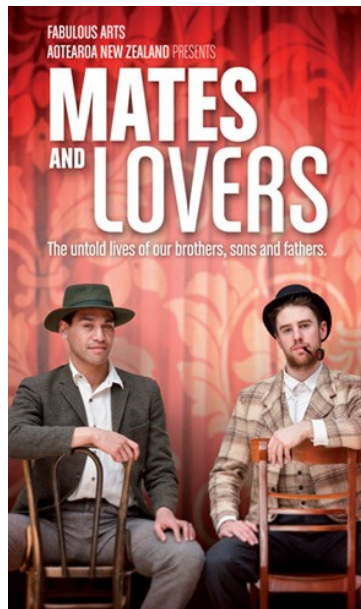
You are all invited to provide camaraderie and peer support in a relaxed, casual and confidential environment. Come and share your thoughts, experiences and sense of humour or just come in for a social chat.

Body Positive house will be open from 7 to 10pm every Wednesday, so you are more than welcome to drop in. Hot and cold non-alcoholic beverages are provided and some easy listening café style music to chill out to.

A gold coin koha/donation to help cover costs is encouraged but not expected and you can bring along snacks or finger food to share if you wish.

Special events throughout the year will be ear marked and upon these occasions bringing along goodies for BBQ's etc may be requested. Alcoholic beverages will only be allowed on these special occasions unless stated otherwise.

**For a weekly text reminder simply text your first name to:
022 4 PHOENIX**



Mates & Lovers

The Basement Theatre
8pm, Friday 19th November 2010

The untold stories of our Brothers, Sons and Fathers

"Mates & Lovers tells the evolving story of New Zealand gay men through the lives of clerks, labourers, shop assistants, soldiers, actors and writers of all classes, and he shows that our erotic past was vibrant, complex and often surprising."

Special showing on Friday 19th November 2010 for Body Positive members and friends.

Ticket Price: \$23 Per Person
Tickets are limited - To reserve your seat please contact us on 09 309 3989

A social get together will be hosted at Body Positive House 1hour before curtain up for easy parking and a drink before walking (5min) to the venue

More HIV-negative men are having unprotected sex in primary relationships, but not all of them know their partner's status

36% of the men taking part in the 2008 London gyms study had had unprotected anal intercourse in the previous year.

Continuing an upward trend seen over a decade, 36% of the men taking part in the 2008 London gyms study had had unprotected anal intercourse in the previous year, researchers report in an article published online ahead of print in Sexually Transmitted Diseases. However this overall increase "masks a more complex picture" concerning the HIV status of men's partners, the researchers say.

More unprotected sex now occurs with partners of the same status than with men of unknown or different HIV status. Moreover, there has been an increase in the number of men reporting unprotected sex with a main partner whose HIV status is unknown or different.

Since 1998 an annual survey has been conducted at London gyms which are popular with gay men. The survey was conducted annually from 1998 to 2005 inclusive and then finally in 2008, when 648 men took part.

Amongst other things, men were asked if they had had unprotected anal sex in the previous three months and to specify if this was with a main or casual partner. They were also asked to provide details of their own HIV status and to say if they knew the HIV status of the partner(s) with whom they had unprotected anal sex.

When the study was first conducted in 1998, 24% of men reported recently having unprotected anal intercourse (UAI), a figure which rose to 36% in 2008.

However both in the 2005 and 2008 surveys, more men reported having unprotected sex with men of

the same HIV status as themselves ("serosorting") than with men of unknown, assumed or different HIV status. To put this in figures, in 2008, 21% reported UAI with men of the same status and 16% reported UAI with men of unknown, assumed or different status.

Among HIV-positive men, 14% serosorted with casual partners in 2008. Whereas the number of men reporting this behaviour had been increasing in previous surveys, it was lower in 2008 than in 2005. Moreover, 10% of HIV-positive men had unprotected sex with a main partner who was also HIV positive.

Among men who reported that their last HIV test was negative, less than 2% serosorted with casual partners. However 21% had unprotected sex with a main partner whose last HIV test was also negative. The proportion reporting this behaviour has been increasing since the first survey in 1998, when 12% reported it.

The researchers express concern about the means by which HIV-negative men establish that their main partner has the same status. Whereas four in ten tested together, the others talked about their status. The authors consider this unsatisfactory as the accuracy of the information shared will depend on the time since the last test and on subsequent risk behaviour.

Turning now to unprotected sex with partners whose HIV status may be different, primary relationships appear to be where an increasing amount of risk taking is occurring, although absolute figures remain low.

Comparing the 2005 and 2008 surveys, there have been significant increases in the numbers of men reporting having unprotected sex with a main partner of unknown, assumed or different HIV status.

Among HIV-negative men, 2.1% reported this in 2005, rising to 5.5% in 2008. In almost all cases, the



partner's HIV status was unknown or assumed to be the same, rather than known to be different.

Among HIV-positive men, 2.5% reported this in 2005, rising to 8.1% in 2008. In approximately half these cases, the partner's HIV status was known to be HIV-negative.

Turning to unprotected sex with casual partners of an unknown or assumed HIV status, a significant proportion of HIV-positive men (19%) report this, although this figure is much lower than in surveys earlier in the decade.

Fewer than 6% of HIV-negative men report this behaviour, the lowest level reported in any of these gym surveys. The researchers comment: "This is an encouraging trend and is likely to reflect consistent and sustained health promotion campaigns targeting gay men."

Summing up, the researchers say that their data "suggest that main partners may have become an important source of HIV risk among London's gay men." They recommend that more health promotion campaigns should focus on HIV risk within relationships and on HIV testing among couples.

Source: www.Aidsmap.com

FREE Waiheke Island Weekend Break to be Won



A wonderful weekend getaway (2 Nights accommodation) at the Hekerua Beachstay on sunny Waiheke Island has been kindly donated to Body Positive.

We are currently raffling this to BP members and friends.

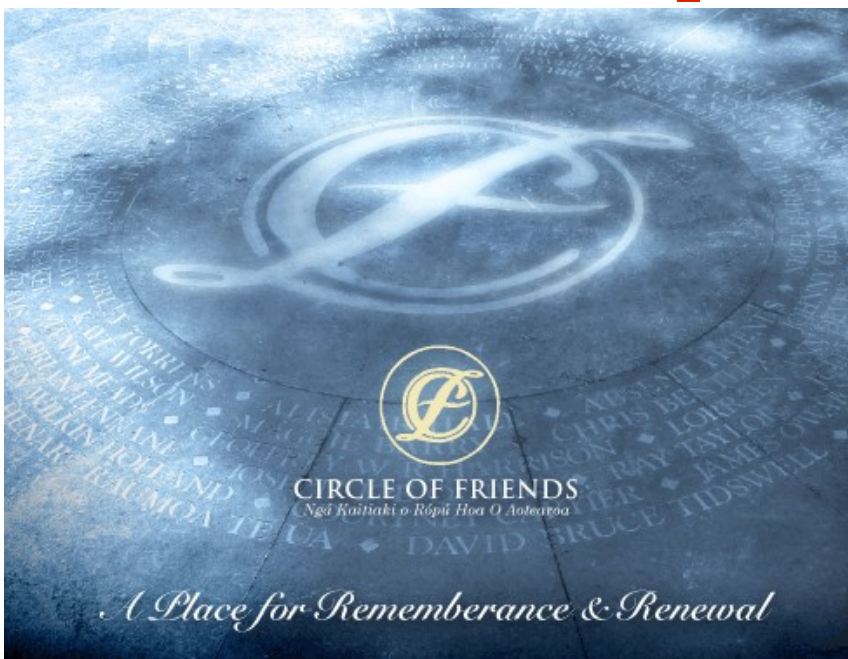


Tickets for the raffle are only \$5 each or 3 for \$10 and are available from the Body Positive Reception desk.

For further details on the accommodation please see www.hekerua.co.nz or contact Body Positive on 09 309 3989.



Circle of Friends Accepting New Name Pledges



If you or you know of someone who would like their name engraved into the Circle of Friends for those effected or affected by HIV/AIDS please contact Body Positive (09 309 3989) to register your interest. Each Spring / Summer names are added to the already over 50 names engraved into this memorial to HIV/AIDS. A full list of all the current engravings can also be found online at www.bodypositive.org.nz

The Circle of friends is situated in Kanuka Grove which is in Western Springs park. The location is not far from the Zoo entrance and the site has a "spiritual" environment surrounded by beautiful lakeside park grounds.

There is a cost associated with this process as we need to contract engravers as well as prepare the site in advance by removing graffiti guard and after the process reinstalling the guard.

Body Positive is in the process of organising an event for this site early in the new year.

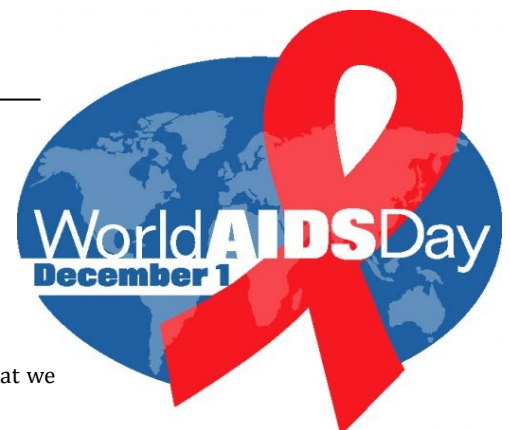
Calling for Volunteers

On Friday 26th November the annual Street Collection will take place in Auckland, Wellington, and Christchurch. We are looking for volunteers to assist us collect on this day.

Historically this is the only source of funds that replenishes the Wellness Fund which supports people living with HIV who are on limited incomes (benefits) and need financial support to meet medical cost associated with their HIV.

Over the years the Wellness Fund has helped hundreds of people and this is a way that we can give something back to help this very worthy cause.

Telephone Ron Irvine at Body Positive for details of how you can help of go online to the NZAF website.



REGISTER ONLINE NOW AT WWW.BODYPOSITIVE.ORG.NZ

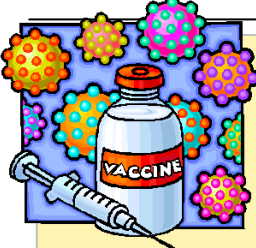
HIV+ Men's 2011 Retreat

25th - 27th March | Vaughan Park Long Bay, Auckland

For online registration or for further details please visit www.bodypositive.org.nz or contact Body Positive on 0800 HIVLINE.

Proudly Sponsored by

HIV Positive People May Need Triple Dose of Hepatitis A Vaccine



People with HIV require 3 doses of hepatitis A virus (HAV) vaccine to achieve the same level of antibody protection that HIV negative people can get with 2 doses. HAV antibody response was particularly weak among HIV positive men with a CD4 count below 200, all of whom needed the third vaccine booster dose.

Hepatitis A is spread through contaminated food and water, as well as household contact and some types of sexual activity. It can cause flu-like symptoms and jaundice, but it resolves without treatment; unlike hepatitis B and C, it does not cause liver fibrosis or lead to cirrhosis or liver cancer.

Studies have shown that men who have sex with men (MSM) are at increased risk for hepatitis A, and the Centers for Disease Control and Prevention (CDC) recommends that HIV positive MSM should be screened for HAV and vaccinated if not previously infected.

Source: www.hivandhepatitis.com

Diary Dates

November

- Wed 10 Club Phoenix
Pot-Luck Dinner
- (See www.bodypositive.org.nz for details of our new reminder e-mail service)*
- Fri 12 Pot-Luck Lunch

- Wed 17 Club Phoenix
- Thur 18 Podiatry Clinic
- Fri 19 Pot-Luck Lunch
Mates & Lovers

- Wed 24 Club Phoenix
- Thur 25 Straight Arrows
- Fri 26 WINZ Clinic
- Work and Income
to Hiranga Tangata
A service of the Ministry of Social Development
- Pot-Luck Lunch

- Tue 30 Body Positive House
Closed for the day

December

- Wed 1 WORLD AIDS DAY
Club Phoenix
- Fri 3 Pot-Luck Lunch
- Sun 5 Under 35's Group

- Wed 8 Club Phoenix
Pot-Luck Dinner
(See www.bodypositive.org.nz for details of our new reminder e-mail service)
- Fri 10 Pot-Luck Lunch
- Members Christmas Drinks

- Wed 15 Club Phoenix
- Fri 17 Pot-Luck Lunch

- Wed 22 Club Phoenix
- Thur 23 BP House CLOSED for Christmas

January

- Mon 17 BP House REOPENS for 2011

For detailed updates check out the new online calendar at www.bodypositive.org.nz

Under 35's Group

As a younger HIV+ person you may feel an added sense of isolation because of your age.



'Get Connected' is a monthly social group for HIV+ people aged 35 and under, giving younger people an opportunity to connect and socialise with other people around your own age.

Call 09 309 3989 for details or visit www.bodypositive.org.nz

HIV Rapid Testing

The **60-second HIV Rapid Test** is now available at Body Positive House. A simple pin Prick is done, to test the blood with a 99.7% accuracy. Its always better to know your status early, so you can keep healthy, if you become HIV+



Call **0800 HIV LINE** to book a FREE no-hassle

WINZ Clinic

Remove the anxiety you experience in dealing with WINZ.

Body Positive operates a monthly WINZ Clinic for anyone at our premises with qualified, sensitive, understanding and supportive WINZ staff.



Friday Pot-Luck Lunch

Members please note Body Positive will be hosting a drop-in lunch every Friday at mid-day. Members are welcomed to bring a pot-luck plate of food.



Foot Doctor

A professional podiatrist runs a clinic here at Body Positive House on a monthly basis.



Phone now for an appointment
09-309 3989

Budgeting Service

Need help with your money? Body Positive has developed a computer software programme that helps you to identify concerns and issues with your personal budget and recommend ways to help.



Contact us in complete confidence.

6 on 6

The next 6 on 6 will start soon. This facilitated peer support group is for anyone who has issues around their HIV status. It is particularly useful to recently diagnosed people and is open to both men and women.



If you would like to register your interest in attending or want more information call us on 09-309 3989

Vitamins & Supplements

Body Positive has a fantastic Swisse brand Men's and Woman's Multi Vitamins available for members at the low cost of only \$16 for 30 days supply (Usually over \$30!)

Drop by BP House or call **0800 HIV LINE**

An extensive range of other vitamins & supplements are also available, please see www.bodypositive.org.nz for full details.



Recycled Medication

If you have unused medication or no longer need left over medication, please either return it to your prescribing physician or drop it into us or send it to: (We will pass it on to physicians.)

Body Positive Inc.
PO Box 68-766
Newton Auckland 1045



Facial Lipodystrophy Treatment

A fantastic facial filler treatment is available through Body Positive to reverse the effects caused by Lipodystrophy.



Please contact Body Positive on 0800 HIV LINE for more information.

Monthly Pot-Luck Dinner

Held at 7pm on the second Wednesday of each month at Body Positive House.

Make your favourite dish and come along for a great social shared meal.

Contact Body Positive for further information or just turn up on the night.



Straight Arrows

A monthly get together for **Heterosexual Men and Women living with HIV** on the last Thursday of each month a Body Positive House from 6.30pm.

Contact Body Positive for further information

